

Easy read guide: Safeguarding policy



This is an easy read guide to help you understand Golden Lane Housing's Safeguarding Policy.

This guide is for people with a learning disability.



What is Safeguarding?

- Safeguarding means keeping people safe from abuse, harm, and neglect.
- Golden Lane Housing wants everyone to feel safe in their home and community.
- Safeguarding is everyone's job.

Who does this policy help?



- Children (under 18 years old)
- Adults at risk (people who may need extra help to stay safe, like people with learning disabilities or older people).

What is abuse?

Abuse is when someone does something to hurt you or makes you feel unsafe.

Abuse can happen in different ways:



- Physical abuse: Hitting, slapping, kicking, or hurting your body.



- Emotional abuse: Saying mean things, shouting, bullying, or making you feel bad.



- Financial abuse: Stealing your money or things, or making you give them money.



- Sexual abuse: Touching you in a way you do not like, or making you do things you do not want to do.

What is abuse?



- Neglect: Not giving you the care, food, medicine, or help you need.



- Discrimination: Treating you unfairly because of your disability, race, religion, gender, or who you love.



- Self-neglect: Not looking after yourself or your home.



- Organisational abuse: When a group or company treats people badly or does not care for them properly.



- Modern slavery: Being forced to work or do things you do not want to do.



- Domestic abuse: Being hurt or controlled by someone you know, like a family member or partner.



- Radicalisation: Trying to make someone support dangerous or extreme ideas.

What should you do if you are worried about abuse?



- Tell someone you trust, like a family member, friend, or support worker.
- You can also tell your Housing Officer or any Golden Lane Housing staff.
- Golden Lane Housing will listen to you and help you.



How does Golden Lane Housing deal with abuse?



- Golden Lane Housing will listen to you and keep your information private (unless someone is in danger).



- Golden Lane Housing will work with other people to help keep you safe.



- Golden Lane Housing will keep you informed about what is happening.

Your rights



- You have the right to feel safe and be safe.
- You have the right to be treated with respect.



- You have the right to make choices about your life.

If you need more help



- You can ask for this policy in a different way, like large print or audio.
- You can ask for an advocate (someone to help you speak up).



If you are worried or have questions, talk to your Housing Officer or contact Golden Lane Housing.